




# LEARN HOW TO TIE YOUR SHOES

Recommended age  
4 to 6 years old

## Educational objectives

-  Develop hand-eye coordination
-  Working on concentration and the logic of movement
-  Encouraging independence in dressing

## Necessary material

- Lace-up dressing frame
- (or shoe fixed flat on a support)
- Colored shoelaces (optional for visualizing the steps)
- Tray or small rug



## Presentation

1. Show the frame or the shoe to the child.
2. Show how to thread the shoelaces through the holes if necessary.
3. Slowly demonstrate the steps of the classic knot:
4. Cross the laces
5. Make a loop
6. Circle and trace over
7. Pull gently
8. Invite the child to reproduce the actions at their own pace.
9. Repeat often, patiently.

## Error checking

A loose knot, untied laces, or an incorrect crossing.

Child's Name: \_\_\_\_\_